

Treatments Menu

Ruth Hotel Spa

Holistic Swedish Massage

A calming massage with almond oil, using flowing, sensory techniques to release tension, improve circulation, and relax body and mind.

60 minutes - 400 NIS | 75 minutes - 490 NIS | 90 minutes - 570 NIS

Deep Tissue Massage

A slow, targeted treatment reaching deep muscle layers to ease soreness and tension. Ideal for those who prefer strong pressure.

60 minutes - 440 NIS | 75 minutes - 530 NIS | 90 minutes (Highly recommended) - 610 NIS

Aromatherapy Massage

A gentle, sensory experience with plant-based essential oils, known to calm the body, ease stress, and boost circulation.

60 minutes - 440 NIS | 75 minutes - 530 NIS | 90 minutes - 610 NIS

Intensive Massage

A high-pressure treatment combining deep, targeted techniques, joint mobilization, and muscle activation. Ideal for those seeking effective relief and strong, focused bodywork.

60 minutes - 480 NIS | 75 minutes - 750 NIS | 90 minutes - 650 NIS

Hot Stone Massage

A unique blend of warm basalt stones and skilled touch, promoting deep relaxation, pain relief, and a grounded sense of peace.

60 minutes - 480 NIS | 75 minutes - 570 NIS | 90 minutes (Popular Choice) - 650 NIS

Head, Hands & Feet Renewal

A focused massage with warm body butter, relaxing the head, hands, and feet—areas of expression and tension.

45 minutes - 380 NIS

Galilean Essence

An indulgent massage with Galilean olive oil and honey, hot stones, and aromatherapy—personalized for deep renewal.

100 minutes- 760 NIS

* *Treatments are generally conducted in separate rooms.*